



# HeartBeat



PFLAG Olympia, Washington

Issue 130~ Summer 2016

## PFLAG is Active in the Community!

From panel discussions to tabling to social events, PFLAG's presence in the community is beneficial to both the community at large and to our membership. PFLAG-Olympia president Dana McCormick says that every time we do a public presentation there are follow-up calls that result in new memberships, donations and invitations to do further presentations.

**On May 31<sup>st</sup>** we visited the Black Hills High School Pizza Klatch.

**On June 4<sup>th</sup>** we bowled out hearts out at the Stonewall Youth Bowl-O-Rama, a fundraiser for Stonewall Youth. Our **Team PFLAG Oly's** goal was to raise \$500 for Stonewall Youths Bowl-O-Rama. (Results not available at press time for this newsletter.)

**On June 5<sup>th</sup>** a panel including board members and former board members gave a presentation on PFLAG history to members of First United Methodist Church .

✂ **Farmer's Market Tabling** at the Olympia Farmers' Market July 30, August 27, September 24, and October 29 from 10 a.m. to 2 p.m. on each of these dates. **Volunteers are needed** to work the tables. Please give an hour or more. To volunteer, contact Dana at [president@pflag-olympia.org](mailto:president@pflag-olympia.org).

**Our Mission** — PFLAG promotes the health and well-being of gay, lesbian, bisexual and transgender persons, their families and friends through:

- Support** to cope with an adverse society,
- Education** to enlighten an ill-informed public, and
- Advocacy** to end discrimination and to secure equal civil rights.

PFLAG provides opportunity for dialogue about sexual orientation and gender identity,

### Capital City Pride Events ↓

#### June 17 - Pride Kickoff

- ♦ All-Ages Street Party at Oly Underground, 8 p.m.
- ♦ Dance Party at Jakes 10 p.m.

#### June 18 - Pride Festival

- ♦ Music, Food and Entertainment 11 a.m. to 5 p.m. Heritage Park in downtown Olympia.

#### June 19 - Pride Parade and Festival

- ♦ Parade at noon from the Capitol Campus down Capital Way to the festival site. Festival continues to 5 p.m.

### Other Local Support Groups PFLAG-Olympia is Connected To ↓

- ♦ **LGBTQ Military Discussion Group** for veterans, active duty, and dependents  
When: 2nd and 4th Friday of the month, 7-9 p.m.  
Where: Starbucks Community Center 10314 S Tacoma Way, Lakewood
- ♦ **Parent / Trans Child Support Group**  
When: 3<sup>rd</sup> Sunday of the Month from 2-4pm  
Where: Westminster Presbyterian Church 1925 Boulevard Rd. SE Olympia Room 12.



I-1515 takes away Washington's non-discrimination protections that for 10 years have protected transgender men and women, people who are part of our families, workplaces and communities, from unfair discrimination. Learn more:

<http://www.washingtonwontdiscriminate.org>



PFLAG-Olympia meetings are held the 2nd Sunday of each month, 2-4:30 p.m. at First United Methodist Church, 1224 Legion Way SE, Olympia. The first hour includes a welcome, introductions, and our program, followed by snacks and support circles.

## What is happening at upcoming meetings?

**June 12** – Olympia United Methodist Church – Discussion on *Being Open and Affirming*

**July 10** – Ice cream social with discussion (topic to be determined)

**Aug. 14** – Our annual picnic in Priest Point Park. Shelter #3, 1-4 p.m. Look for details on our website.

**September 11** – HIV/AIDS Prevention-PCAF Rep Justin Taylor

**October 9** – Annual Candidates Forum

**November 13** – Behavioral Health suicide, self-harm prevention

**December 11** – Annual Holiday Party

# Pride Festival and Parade June 18 and 19 Heritage Park

Thousands of celebrants, food booths, information booths

Entertainment on the stage all day every day during the festival. Special celebrity entertainer Terrance.



Visit the PFLAG booth or volunteer to staff the booth for whatever time you can spare. You'll love it, we guarantee.

More information at: <http://www.capitalcitypride.net>

*"Being honored at this year's 26th Capital City Pride as Grand Marshall. Which after doing the math I realized this coincides with 26 years since I was set upon this path I've been on to intentionally make this world a better place. Here's to turning tragedy into triumph!" ~ Rosalinda Noriega*

**HeartBeat** is a free publication of the PFLAG chapter in Olympia, Washington, now published quarterly. The editors are Alec & Gabi Clayton.

**Have you paid dues or donated to PFLAG-Olympia lately?** Contact our treasurer, Larry Kronquist at [treasurer@pflag-olympia.org](mailto:treasurer@pflag-olympia.org) and he can check dues status. Donations are welcome!

**Join or donate:**  
<http://www.pflag-olympia.org/membership.html>



## Subscribe to the PFLAG-Olympia Alert List!

The PFLAG-Olympia Alert is a one-way announcement email listserv designed to inform our members and friends of upcoming events.

To subscribe, send your request to be added to [newsletter@pflag-olympia.org](mailto:newsletter@pflag-olympia.org) or subscribe online with the form at <http://pflag-olympia.org/newsletter.html>

### NEW or RENEWAL PFLAG MEMBERSHIP

Please check the membership types you prefer:

- |   |  |
|---|--|
| <input type="checkbox"/> Individual \$35                | <input type="checkbox"/> Supporter \$100 |
| <input type="checkbox"/> Household \$50                 | <input type="checkbox"/> Educator \$250  |
| <input type="checkbox"/> Senior/Student/Low Income \$15 | <input type="checkbox"/> Advocate \$500  |

New     Renewal

Membership \$ \_\_\_\_\_

Add this amount as my tax-exempt gift \$ \_\_\_\_\_

**TOTAL MEMBERSHIP AND GIFT \$ \_\_\_\_\_**

DATE: \_\_\_\_\_ PHONE: \_\_\_\_\_

Signed: \_\_\_\_\_

PRINT NAME: \_\_\_\_\_

ADDRESS: \_\_\_\_\_

CITY: \_\_\_\_\_ STATE: \_\_\_\_\_ ZIP: \_\_\_\_\_

EMAIL ADDRESS: \_\_\_\_\_

- I want Olympia's quarterly newsletter *HeartBeat* print version only.
- I want Olympia's quarterly newsletter *HeartBeat* sent as email only.
- I want Olympia's quarterly newsletter *HeartBeat* both print and email.
- I want to be added to the PFLAG-Olympia email alert list.

PFLAG Olympia, P O Box 12732; Olympia, WA 98508-2732  
PFLAG is a tax-exempt non-profit 501(c)(3) organization  
not affiliated with any political or religious institution.



# PFLAG

Olympia, Washington

**MEETS** at 2PM on the second Sunday of each month at First United Methodist Church, 1224 Legion Way SE, Olympia. It is handicap-accessible. In August we meet at 1pm for a potluck picnic in a local park.

**DIRECTIONS:** From Sylvester Park on Capitol Way and Legion Way, go 12 blocks east on Legion Way to Boundary Street. Turn left around the church. Park in the lot at 5th Avenue and Boundary and enter through the glass doors.

Mailing address:  
PO Box 12732; Olympia, WA 98508-2732

For more information:  
email: [info@pflag-olympia.org](mailto:info@pflag-olympia.org)

Or go to our website:  
<http://pflag-olympia.org>