



# HeartBeat



PFLAG Olympia, Washington

Issue 118 ~ July-August 2013

## THE CHANGING FACE OF PFLAG: NOT JUST FOR ALLIES ANYMORE

If you have been to a PFLAG-Olympia meeting lately you might notice the changing face of our membership and attendees. We have parents, grandparents and relatives of gay adults; we have parents of transgender youth and transgender adults looking for support and resources; we have gay, lesbian, transgender and bi-sexual members, some of whom have been out for years and others who have never told anyone until a PFLAG meeting.

What started over 40 years ago with one mother (PFLAG founder Jeanne Manford) marching in support of her gay son, grew to become an international organization that unites parents, families, friends and allies to united with LGBTQ people in a shared mission of support, education and advocacy. Today, PFLAG national educates lawmakers on Capitol Hill about hate crime prevention and anti-bullying legislation. They advocate for workplace fairness, safe schools and parenting.

At the recent Capital City Pride parade, PFLAG members were joined by their partners from the Tacoma chapter. Several people commented on the changing face of the parade attendees and those at their meetings: more transgender youth and adults, more parents seeking help for their transgender children. Thankfully there are more resources for queer youth today, like Pizza Klatch and Stonewall Youth.

The success of R74 was a historic event for families across the state and momentum continues to build across the country, we as PFLAG still have work to do. As PFLAG national states in their strategic goals, "we need to create a world where are young people can grow up without fear of violence, bullying or other forms of discrimination regardless of their real or perceived gender identity or sexual orientation or that of their families."

We hope that more people will join PFLAG-Olympia as we continue to work for a world with respect, dignity and equality for all. We still have lots of work to do in areas of inclusion in faith, safe workplaces, and accessibility for a broad range of ethnic and cultural communities.

Hope to see you soon! Or send us an email at [president@pflag-olympia.org](mailto:president@pflag-olympia.org).

**Our Mission** — PFLAG promotes the health and well-being of gay, lesbian, bisexual and transgendered persons, their families and friends through:

**Support** to cope with an adverse society,

**Education** to enlighten an ill-informed public, and

**Advocacy** to end discrimination and to secure equal civil rights.

PFLAG provides opportunity for dialogue about sexual orientation and gender identity, and acts to create a society that is healthy and respectful of human diversity.



### Summer Meeting Schedule

PFLAG-Olympia meetings are held the second Sunday of each month, 2-4 p.m. at the United Methodist Church, 1224 Legion Way SE, Olympia, WA. The first hour generally includes introductions, group support and sharing and snacks. The last hour is our program. Here are our upcoming programs:

#### SUNDAY, JULY 14, 2-4 PM

**DOMA: Update and impacts.** We are eagerly awaiting the Supreme Court rulings on Prop 8 and DOMA (Defense of Marriage Act) and have a very knowledgeable speaker scheduled for our July PFLAG meeting who will discuss the potential impacts of the rulings. He is Alan M. Steinman, a retired Rear Admiral from the U.S. Coast Guard and a member of the Service members Legal Defense Network. To learn more about DOMA, visit [www.glaad.org/marriage/doma](http://www.glaad.org/marriage/doma).

#### SUNDAY, AUG. 11, 1-4 PM

**PFLAG PICNIC:** Come share in fellowship and great food at our annual PFLAG-Olympia picnic at Priest Point Park in Shelter #3. We generally ask everyone to bring a dish of their choice. The fun starts at 1 p.m. Rain or shine, friends and family welcome!

# MILESTONES OF PFLAG

**1972:** Jeanne Manford marches in New York's Christopher Street Liberation day March

**1973:** New York City Parents of Gays holds its first meeting in Greenwich Village. About 20 people attended.

**1980s:** Federation of Parents and Friends of Lesbians and Gays (Parents FLAG) is incorporated. PFLAG takes on Anita Bryant's anti-gay crusade and works to end the U.S. military's efforts to discharge lesbians.

**1993:** PFLAG added the word "families" to the name and added bisexual people to its mission and work.

**1998:** PFLAG added transgender people to its mission.

Today: PFLAG has more than 350 chapters worldwide, with more than 200,000 members and supporters.

**HeartBeat** is a free publication of the PFLAG chapter in Olympia, Washington, published six times a year. The editors are Alec & Gabi Clayton.

Unsolicited articles are welcome and are due by the 15th of even-numbered months. The editors reserve the right to reject or edit material.

**The deadline for the next issue is 8/15/2013**

Mail submissions to:

**HeartBeat**  
P.O. Box 12732  
Olympia, WA 98508-2732

Or email to: [newsletter@pflag-olympia.org](mailto:newsletter@pflag-olympia.org)



## Subscribe to the PFLAG-Olympia Alert List!

The PFLAG-Olympia Alert is a one-way announcement email listserv designed to inform our members and friends of upcoming events. To subscribe, go online to: <http://lists.pflag-olympia.org/listinfo.cgi/alert-pflag-olympia.org>

"In our work and in our living, we must recognize that difference is a reason for celebration and growth, rather than a reason for destruction." ~ Audre Lorde



### NEW or RENEWAL PFLAG MEMBERSHIP

Please check the membership types you prefer:

- |   |  |
|---|--|
| <input type="checkbox"/> Individual \$35                | <input type="checkbox"/> Supporter \$100 |
| <input type="checkbox"/> Household \$50                 | <input type="checkbox"/> Educator \$250  |
| <input type="checkbox"/> Senior/Student/Low Income \$15 | <input type="checkbox"/> Advocate \$500  |
- New     Renewal

Membership \$ \_\_\_\_\_

Add this amount as my tax-exempt gift \$ \_\_\_\_\_

**TOTAL MEMBERSHIP AND GIFT \$ \_\_\_\_\_**

DATE: \_\_\_\_\_ PHONE: \_\_\_\_\_

Signed: \_\_\_\_\_

PRINT NAME: \_\_\_\_\_

ADDRESS: \_\_\_\_\_

CITY: \_\_\_\_\_ STATE: \_\_\_\_\_ ZIP: \_\_\_\_\_

EMAIL ADDRESS: \_\_\_\_\_

- I want Olympia's bi-monthly newsletter *HeartBeat* print version only.
- I want Olympia's bi-monthly newsletter *HeartBeat* sent as email only.
- I want Olympia's bi-monthly newsletter *HeartBeat* both print and email.
- I want to be added to the PFLAG-Olympia email alert list.

**PFLAG Olympia, P O Box 12732; Olympia, WA 98508-2732**  
PFLAG is a tax-exempt non-profit 501(c)(3) organization not affiliated with any political or religious institution.



# PFLAG

Olympia, Washington

Parents, Families and Friends of Lesbians and Gays

**MEETS** at 2PM on the second Sunday of each month at First United Methodist Church, 1224 Legion Way SE, Olympia. It is handicap-accessible. In August we meet at 1pm for a potluck picnic in a local park.

**DIRECTIONS:** From Sylvester Park on Capitol Way and Legion Way, go 12 blocks east on Legion Way to Boundary Street. Turn left around the church. Park in the lot at 5th Avenue and Boundary and enter through the glass doors.

Mailing address:  
**PO Box 12732; Olympia, WA 98508-2732**

For more information  
email: [info@pflag-olympia.org](mailto:info@pflag-olympia.org)

or go to our website:  
<http://www.pflag-olympia.org>