



# HeartBeat



PFLAG Olympia, Washington

Issue 113 ~ Sept.-Oct. 2012

## Get More Involved With Your Local PFLAG Chapter!

Several PFLAG-Olympia board members will be stepping down from the board at the end of 2012, so we are soliciting nominations now to carry on the great work of supporting LGBTQ families.

Alec Clayton has served as president since 2003 and will be stepping down from that position but he will continue to work on the newsletter and website and will volunteer for events such as Pride. Gabi Clayton will also be leaving the board after serving off and on for more than a decade. In addition to working with Alec on the newsletter and website, Gabi has been our chapter's liaison to PFLAG National. Along with Kristen Stewart, Gabi has been the person to answer the PFLAG information line, and she has helped with many other jobs. Although the Claytons will continue to volunteer, we need people to take over some of their responsibilities.

Catherine Dawdy wants to step down as treasurer as soon as she can find someone qualified to take her place.

Two other board members, Cher Fleury and Lynn Grotzky have resigned due to other commitments that place demands on their time.

The loss of these board members should not and will not keep us from moving forward. We have also welcomed new board members James Forest, Jason McCormick and Robert Kowalski who will bring new energy and enthusiasm to PFLAG-Olympia, and other members are looking into joining the board.

If you or someone you know would be interested in stepping up to work for our local PFLAG, please send a brief, informal letter of interest to [info@pflag-olympia.org](mailto:info@pflag-olympia.org) with 'nominations' in the subject line. Or, send it to PFLAG-Olympia; PO BOX 12732; Olympia, WA 98508. Please let us know if you have an interest or want to explore the possibilities.

As a small, local organization our Board members are active participants in our leadership and our community activities. We are especially looking for a president and a treasurer, but all who are interested will be considered for at-large Board membership. For the executive positions, experience serving on a non-profit Board, fundraising and occasionally speaking in public is preferable. The treasurer's position will require knowledge of basic bookkeeping principles (non-profit preferable) and use of accounting software applications. Persons

*(Continued on page 2)*



SUNDAY, SEPT. 9, 2-4 PM

### LGBT and the Media

PFLAG-Olympia board members Hilary Robbins and Kathryn Coffman have compiled a great DVD of clips from TV shows featuring lgbt characters and interviews with celebrities including Ellen DeGeneres and Portia Rossi, and Chaz Bono. After the film viewing we will have time to discuss the depiction of gay, lesbian, bisexual and transgender people in the media.

SUN., OCT. 14, 2-4 PM

### Political forum

Candidates for political office in Olympia, Lacey, Tumwater and Thurston County will be on hand to discuss their candidacy. Each will have a few minutes to talk, and then our members and guests can ask them questions. Be a knowledgeable voter.

**"Love doesn't sit there like a stone. It has to be made like bread; remade all the time, made new."  
~ Ursula K. Le Guin**



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with data base and spreadsheet experience are needed, as well. We would also very much like to have persons with fundraising and/or grant writing expertise.

But what if you have none of this experience? You can still come onboard and develop your skills and interests through your service with the board.

The board meets once a month. Meetings are held in various board member homes. Traditionally the hosting board member provides snacks, and it is a social time as well as a time for conducting business. The meetings are public and open to any member who may want to sit in on a meeting just to see what we do. In addition to attending board meetings, officers of the board are asked to occasionally help with specific jobs which may range from planning and promotion of events to making a few phone calls to helping stuff envelopes and mail out the newsletter.

You do not have to be a parent of an LGBTQ youth to join us. We support LGBTQ people and their diverse and multi-generational families of origin and families of choice. Come join us!

**HeartBeat** is a free publication of the PFLAG chapter in Olympia, Washington, published six times a year. The editors are Alec & Gabi Clayton.

Unsolicited articles are welcome and are due by the 15th of even-numbered months. The editors reserve the right to reject or edit material.

**The deadline for the next issue is 10/15/2012**

Mail submissions to:

**HeartBeat**  
P.O. Box 12732  
Olympia, WA 98508-2732

Or email to: [newsletter@pflag-olympia.org](mailto:newsletter@pflag-olympia.org)

**We now have a completely renovated website that is more colorful and easier to navigate! Check it out at: [www.pflag-olympia.org](http://www.pflag-olympia.org)**

**Subscribe to the PFLAG-Olympia Alert List!**

The PFLAG-Olympia Alert is a one-way announcement email listserv designed to inform our members and friends of upcoming events. To subscribe, go online to: <http://lists.pflag-olympia.org/listinfo.cgi/alert-pflag-olympia.org>

**NEW or RENEWAL PFLAG MEMBERSHIP**  
 Please check the membership types you prefer:

<input type="checkbox"/> Individual \$35	<input type="checkbox"/> Supporter \$100
<input type="checkbox"/> Household \$50	<input type="checkbox"/> Educator \$250
<input type="checkbox"/> Senior/Student/Low Income \$15	<input type="checkbox"/> Advocate \$500

New     Renewal

Membership \$ \_\_\_\_\_  
 Add this amount as my tax-exempt gift \$ \_\_\_\_\_  
**TOTAL MEMBERSHIP AND GIFT \$ \_\_\_\_\_**

DATE: \_\_\_\_\_ PHONE: \_\_\_\_\_

Signed: \_\_\_\_\_

PRINT NAME: \_\_\_\_\_

ADDRESS: \_\_\_\_\_

CITY: \_\_\_\_\_ STATE: \_\_\_\_\_ ZIP: \_\_\_\_\_

EMAIL ADDRESS: \_\_\_\_\_

I want Olympia's bi-monthly newsletter *HeartBeat* print version only.  
 I want Olympia's bi-monthly newsletter *HeartBeat* sent as email only.  
 I want Olympia's bi-monthly newsletter *HeartBeat* both print and email.  
 I want to be added to the PFLAG-Olympia email alert list.

**PFLAG Olympia, P O Box 12732; Olympia, WA 98508-2732**  
 PFLAG is a tax-exempt non-profit 501(c)(3) organization not affiliated with any political or religious institution.



**PFLAG**  
Olympia, Washington

Parents, Families and Friends of Lesbians and Gays

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**MEETS** at 2PM on the second Sunday of each month at First United Methodist Church, 1224 Legion Way SE, Olympia. It is handicap-accessible. In August we meet at 1pm for a potluck picnic in a local park.

**DIRECTIONS:** From Sylvester Park on Capitol Way and Legion Way, go 12 blocks east on Legion Way to Boundary Street. Turn left around the church. Park in the lot at 5th Avenue and Boundary and enter through the glass doors.

*Mailing address:*  
**PO Box 12732; Olympia, WA 98508-2732**

*For more information*  
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*or go to our website:*  
**<http://www.pflag-olympia.org>**