



PFLAG Olympia, Washington

# HeartBeat



Issue 100 ~ July-August, 2010



## Straight for Equality in Healthcare!

Straight for Equality in Healthcare is a new part of PFLAG National's Straight for Equality program, which seeks to invite, educate, and engage allies in the gay, lesbian, bisexual and transgender movement.

The healthcare module aims to:

- ▼ **Invite** straight healthcare providers to become allies to GLBT people.
- ▼ **Educate** healthcare providers about the unique healthcare concerns of the GLBT community and how healthcare professionals can increase their cultural competence to provide better service to all patients.
- ▼ **Engage** allied and potentially allied healthcare providers in creating a safe, inclusive, and culturally competent atmosphere in all aspects of healthcare for GLBT people.

We'll have information about this at PFLAG-Olympia meetings, and you can also see more online here:

<http://www.straightforequality.org/Page.aspx?pid=1130>



I ALWAYS SAY, IF YOU DON'T HAVE A SEAT AT THE TABLE, YOU'RE PROBABLY ON THE MENU.

~ Jolie Justus



### ▼ SUNDAY, JULY 11, 2-4:30PM

#### **Anyone and Everyone**

Connected by having a son or daughter who is gay, parents across the country discuss their experiences in this 2007 documentary. Individuals from such diverse backgrounds as Japanese, Bolivian, and Cherokee, as well as from various religious denominations such as Mormon, Jewish, Roman Catholic, Hindu, and Southern Baptist, share intimate accounts of how their children revealed their sexual orientation and discuss their responses.

[www.anyoneandeveryone.com](http://www.anyoneandeveryone.com)

### ▼ SUNDAY, AUGUST 8, 1-4:30PM

#### **Our Annual Picnic!**

Join us for good company and a potluck meal in Priest Point Park - Kitchen #3 on the water side of the park starting at 1 pm. (That's an hour earlier than our usual meeting time). Bring food to share if you are able. More information to coordinate the meal will be sent out on the announcement email list, and info and directions will be posted on the PFLAG Olympia website.

**HeartBeat** is a free publication of the PFLAG chapter in Olympia, Washington, published six times a year. The editors are Alec & Gabi Clayton.

Unsolicited articles are welcome and are due by the 15th of even-numbered months. The editors reserve the right to reject or edit material.

**The deadline for the next issue is 8/15/2010**

Mail submissions to:

**HeartBeat**  
P.O. Box 12732  
Olympia, WA 98508-2732

Or email to: [newsletter@pflag-olympia.org](mailto:newsletter@pflag-olympia.org)

#### **PFLAG– Olympia meeting format**

2:00–2:30 p.m.	Introductions
2:30–2:40 p.m.	Announcements
2:40–3:15 p.m.	Support
3:15–3:30 p.m.	Social time/snacks
3:30–4:30 p.m.	Program (see above)

Note: Sometimes we have a longer program time and shorten other parts of the meeting.

**In August** we meet in a local park instead of at the church, and that meeting is from 1:00–4:30p.m.

## The PFLAG Mission

To promote the health and well-being of gay, lesbian, bisexual and transgendered persons, their families and friends through:

- ▼ support, to cope with an adverse society;
- ▼ education, to enlighten an ill-informed public; and
- ▼ advocacy, to end discrimination and to secure equal civil rights.

"Recognition of the inherent dignity and of the equal and inalienable rights of all members of the human family is the foundation of freedom, justice and peace in the world."

- Preamble of *The Universal Declaration of Human Rights*

"Once we stop thinking of ourselves as oppressed by what we do in bed and start thinking of ourselves as oppressed because we occupy a space between genders, the sexual differences between us will fade into unimportance, and our common humanity will emerge into the light. If that's not a higher form of liberation. I don't know what is."

- Gabriel Rotello in *Transgendered Like Me*

"Progress is impossible without change, and those who cannot change their minds cannot change anything."

- George Bernard Shaw

"When you come to the edge of all that you have known, there will be two possibilities awaiting you: There will be something solid to stand on or you will be taught how to fly."

- A Turtle Creek Chorale member in *After Goodbye: an AIDS Story*

### Subscribe to the PFLAG-Olympia Alert List!

The PFLAG-Olympia Alert is a one-way announcement email listserv designed to inform our members and friends of upcoming events. To subscribe, go online to: <http://lists.pflag-olympia.org/listinfo.cgi/alert-pflag-olympia.org>

### **NEW or RENEWAL PFLAG MEMBERSHIP**

*Please check the membership types you prefer:*

- |   |  |
|---|--|
| <input type="checkbox"/> Individual \$35                | <input type="checkbox"/> Supporter \$100 |
| <input type="checkbox"/> Household \$50                 | <input type="checkbox"/> Educator \$250  |
| <input type="checkbox"/> Senior/Student/Low Income \$15 | <input type="checkbox"/> Advocate \$500  |

New     Renewal

Membership \$ \_\_\_\_\_

Add this amount as my tax-exempt gift \$ \_\_\_\_\_

**TOTAL MEMBERSHIP AND GIFT \$ \_\_\_\_\_**

DATE: \_\_\_\_\_ PHONE: \_\_\_\_\_

Signed: \_\_\_\_\_

PRINT NAME: \_\_\_\_\_

ADDRESS: \_\_\_\_\_

CITY: \_\_\_\_\_ STATE: \_\_\_\_\_ ZIP: \_\_\_\_\_

EMAIL ADDRESS: \_\_\_\_\_

- I want Olympia's bi-monthly newsletter *HeartBeat* print version only.
- I want Olympia's bi-monthly newsletter *HeartBeat* sent as email only.
- I want Olympia's bi-monthly newsletter *HeartBeat* both print and email.
- I want to be added to the PFLAG-Olympia email alert list.

PFLAG Olympia, P O Box 12732; Olympia, WA 98508-2732  
PFLAG is a tax-exempt non-profit 501(c)(3) organization  
not affiliated with any political or religious institution.



# **PFLAG**

Olympia, Washington

Parents, Families and Friends of Lesbians and Gays

**MEETS** at 2PM on the second Sunday of each month at First United Methodist Church, 1224 Legion Way SE, Olympia. It is handicap-accessible.

**DIRECTIONS:** From Sylvester Park on Capitol Way and Legion Way, go 12 blocks east on Legion Way to Boundary Street. Turn left around the church. Park in the lot at 5th Avenue and Boundary and enter through the glass doors.

*Mailing address:*

**PO Box 12732; Olympia, WA 98508-2732**

*For more information*

email: [info@pflag-olympia.org](mailto:info@pflag-olympia.org)

*or go to our website:*

<http://www.pflag-olympia.org>