



HeartBeat



PFLAG Olympia, Washington

Issue 134~ Fall 2017

Staci Layton Honored with Steve Mast Advocacy Award

The third Steve Mast Advocacy Award was presented to Staci Layton August 13, 2017, during our annual picnic.



Staci Layton is an outspoken advocate and supporter of transgender issues, and the issues that affect the broader LGBTQ+ community. She is a member of the Trans Advocacy Group of Olympia which has helped facilitate a local support group for parents of transgender/gender non-conforming children of all ages. She is the Executive Producer, Director, and Chief Editor of T-Time in Olympia, which is a public-access television show that seeks to educate the people of Thurston County on issues concerning the LGBTQ+ community, with emphasis on Transgender issues. The show was recently awarded a National Alliance for Community Media Award for diversity. Her goal is to center the voices of communities that have, historically, been marginalized in the media.



PFLAG-Olympia meetings are held the 2nd Sunday of each month, 2-4:30 p.m. at First United Methodist Church, 1224 Legion Way SE, Olympia. The first hour includes a welcome, introductions, and our program, followed by snacks and support circles.

What is happening at upcoming meetings?

Sept. 10— Mental Health Awareness and Suicide Prevention.

October 8 — Candidate Forum with candidates for elected office in Olympia, Lacey, Tumwater and Thurston County.

November 12— HIV AIDS Awareness.

December 10 —Annual Holiday Party. We'll have a white elephant gift exchange and lots of snacks and good cheer.

The vile rhetoric may be loud, but our love is louder, and our numbers many times greater

The following statement is from Jean Hodges, President of the PFLAG National Board of Directors:

This weekend in Charlottesville, we saw a group of white supremacists use violent words, and even more violent behavior, to ridicule, harass, debase, and injure people of color, people of the Jewish faith, and other marginalized communities. Thousands took to the street, including allies, one of whom, Heather Heyer, was killed in an act of what many people, including Virginia Gov. McAuliffe, are rightly calling domestic terrorism. We mourn her death, as well as those of the two state troopers who died in the line of duty.

To add insult to literal injury, our own President took more than 48 hours to call the perpetrators—white supremacists, Nazis, and the KKK—and their actions repugnant, and this only after two days of leaders from across the country doing so themselves.

We will not equivocate:

PFLAGers everywhere, LGBTQ and ally, denounce the actions of the hateful cowards who came to Charlottesville with the intent to demoralize and harm, and we align ourselves with all marginalized communities. The vile rhetoric may be loud, but our love is louder, and our numbers many times greater. We will unite in that love, and with our numbers, to stay strong and speak out loud against white supremacy, anti-semitism, and bigotry in all forms."

Coming Out Day

Every year on National Coming Out Day, the nation celebrates coming out as lesbian, gay, bisexual, transgender, queer (LGBTQ) or as an ally. On Oct. 11, 2016, we marked the 28th anniversary of National Coming Out Day.

PFLAG-Olympia is planning something special for the third weekend in October. Watch for details on our alert list.

Our Mission — PFLAG promotes the health and well-being of gay, lesbian, bisexual and transgender persons, their families and friends through:

Support to cope with an adverse society,

Education to enlighten an ill-informed public, and

Advocacy to end discrimination and to secure equal civil rights.

PFLAG provides opportunity for dialogue about sexual orientation and gender identity, and acts to create a society that is healthy and respectful of human diversity.



Check out our website at <http://pflag-olympia.org/>

PFLAG Olympia Garage Sale Fundraiser

When: September 9th
8 a.m. to 3 p.m.
Where: 2716 68th Ct SW (off 70th)
Tumwater 98512



Donation Drop Off *
September 2nd thru 8th
Where: 2716 68th Ct SW (off 70th)
Tumwater, WA 98512

*Arrangements can be made for pick up depending on size and quantity.

HeartBeat is a free publication of the PFLAG chapter in Olympia, Washington, now published quarterly. The editors are Alec & Gabi Clayton.

Have you paid dues or donated to PFLAG-Olympia lately? Contact our treasurer, Larry Kronquist at treasurer@pflag-olympia.org and he can check dues status. Donations are welcome!

Join or donate:
<http://www.pflag-olympia.org/membership.html>

An elder Cherokee Native American was teaching his grandchildren about life. He said to them, "A fight is going on inside me. It is a terrible fight, and it is between two wolves. One wolf represents fear, anger, envy, sorrow, regret, greed, arrogance, self-pity, guilt, resentment, inferiority, lies, pride and superiority. The other wolf stands for joy, peace, love, hope, sharing, serenity, humility, kindness, benevolence, friendship, empathy, generosity, truth, compassion, and faith. This same fight is going on inside of you and every other person too." They thought about it for a minute and then one child asked his grandfather, "Which wolf will win?" The old Cherokee replied "The one I feed."



Subscribe to the PFLAG-Olympia Alert List!

The PFLAG-Olympia Alert is a one-way announcement email list designed to inform our members and friends of upcoming events.

To subscribe, send your request to be added to newsletter@pflag-olympia.org or subscribe online with the form at <http://pflag-olympia.org/newsletter.html>

NEW or RENEWAL PFLAG MEMBERSHIP

Please check the membership types you prefer:

- | | |
|---|--|
| <input type="checkbox"/> Individual \$35 | <input type="checkbox"/> Supporter \$100 |
| <input type="checkbox"/> Household \$50 | <input type="checkbox"/> Educator \$250 |
| <input type="checkbox"/> Senior/Student/Low Income \$15 | <input type="checkbox"/> Advocate \$500 |

New Renewal

Membership \$ _____

Add this amount as my tax-exempt gift \$ _____

TOTAL MEMBERSHIP AND GIFT \$ _____

DATE: _____ PHONE: _____

Signed: _____

PRINT NAME: _____

ADDRESS: _____

CITY: _____ STATE: _____ ZIP: _____

EMAIL ADDRESS: _____

- I want Olympia's quarterly newsletter *HeartBeat* print version only.
- I want Olympia's quarterly newsletter *HeartBeat* sent as email only.
- I want Olympia's quarterly newsletter *HeartBeat* both print and email.
- I want to be added to the PFLAG-Olympia email alert list.

PFLAG Olympia, P O Box 12732; Olympia, WA 98508-2732
PFLAG is a tax-exempt non-profit 501(c)(3) organization
not affiliated with any political or religious institution.



PFLAG
Olympia, Washington

MEETS at 2PM on the second Sunday of each month at First United Methodist Church, 1224 Legion Way SE, Olympia. It is handicap-accessible. In August we meet at 1pm for a potluck picnic in a local park.

DIRECTIONS: From Sylvester Park on Capitol Way and Legion Way, go 12 blocks east on Legion Way to Boundary Street. Turn left around the church. Park in the lot at 5th Avenue and Boundary and enter through the glass doors.

Mailing address:
PO Box 12732; Olympia, WA 98508-2732

For more information:
email: info@pflag-olympia.org

Or go to our website:
<http://pflag-olympia.org>