

# Raise Your Voice!



“More than ever your voice needs to be heard.

**It needs to be heard** by gay and lesbian people, ostracized and targeted.

**It needs to be heard** by families, closeted and alone.

**It needs to be heard** by neighbors and clergy, good people who ‘don’t know anyone gay.’

**It needs to be heard** by those who are fearful and those who are mouthing anti-gay slogans in the name of protecting the family.

Above all, we need to raise our voices so we can be heard in the struggle for full human rights and respect for all Americans.”

~ Mitzi Henderson, Former PFLAG National President



PFLAG National organized in 1981.  
See the national website: [www.pflag.org](http://www.pflag.org)  
PFLAG-Olympia started in 1993.



**PFLAG-Olympia meets on the 2nd Sunday of each month.**  
For upcoming programs, meeting time and our location see our website:  
[www.pflag-olympia.com](http://www.pflag-olympia.com)

## What else we do:

We work with local schools to help make them safe for LGBTQ students.

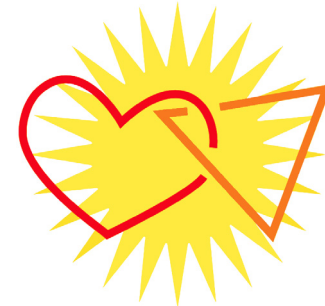
We sponsor Pizza Klatch in local schools. See [www.pizzaklatch.org](http://www.pizzaklatch.org)

We take part in lobby days to inform legislators about the issues that impact our families.

We speak to local groups and table at local events including Capital City Pride.

## **PFLAG-OLYMPIA**

PO Box 12732; Olympia, WA 98508-2732  
E-mail: [info@pflag-olympia.org](mailto:info@pflag-olympia.org)  
Website: [www.pflag-olympia.org](http://www.pflag-olympia.org)



# **PFLAG OLYMPIA**

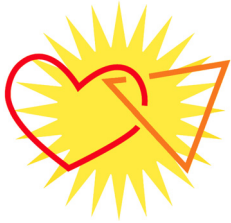
Parents, Families and Friends of Lesbians and Gays

## Our Mission

PFLAG promotes the health and well-being of gay, lesbian, bisexual and transgendered persons, their families and friends through:

- ▼ **Support**, to cope with an adverse society;
- ▼ **Education**, to enlighten ourselves and the public;
- ▼ **Advocacy**, to end discrimination and secure equal civil rights.





**PFLAG-Olympia is not just for parents.  
We welcome all allies, straight and GLBTQ.**

**Our Vision** We celebrate diversity and envision a society that embraces everyone, including those of diverse sexual orientations and gender identities. Only with respect, dignity and equality for all will we reach our full potential as human beings, individually and collectively. PFLAG welcomes the participation and support of all who share in, and hope to realize this vision.



**PFLAG SUPPORTS**

- ▼ When people discover that a family member or friend is lesbian, gay, bisexual or transgendered, they may experience conflicting feelings and thoughts.
- ▼ Sharing in dialogue with other PFLAG parents, family members and friends, and getting to know some wonderful lesbian, gay, bisexual and transgendered persons is a path to understanding, acceptance and renewed family and community relationships.



- ▼ PFLAG supports people through our monthly meetings and other events, offering confidential support, community events, resources and referrals when requested.

**PFLAG EDUCATES**

- ▼ Knowledge that is both scientifically and psychologically sound is absolutely vital to understanding and accepting a lesbian, gay, bisexual or transgendered family member or friend.
- ▼ We educate ourselves and our community through monthly programs led by members and guest speakers, informational brochures, a lending library of books and tapes, a speaker's bureau, assistance to educators and classes, a booth at fairs, digital media, and our bi-monthly newsletter *Heartbeat*.



**PFLAG ADVOCATES**

- ▼ As loving parents, family members and friends, we work to secure equal civil rights for all people, especially our lesbian, gay, bisexual and transgendered loved ones.
- ▼ PFLAG responds to local, state, national and international issues with public statements, provision of authoritative educational materials, public appearances and interviews, and occasionally by providing expert testimony at governmental hearings. Telling the personal stories of our families and loved ones offers the most compelling testimony the public can hear.

**JOIN  
PFLAG-OLYMPIA**



PLEASE CHECK YOUR MEMBERSHIP TYPE:

New  Renewal

Individual Membership \$35  
Household Membership \$50  
Student/Senior/Low Income \$15 \$ \_\_\_\_\_

I am adding this amount as a donation:  
(Thank you!) \$ \_\_\_\_\_

**TOTAL MEMBERSHIP and GIFT** \$ \_\_\_\_\_

Date \_\_\_\_\_

Signed \_\_\_\_\_

Print Name \_\_\_\_\_

Address \_\_\_\_\_

City State ZIP \_\_\_\_\_

Phone (\_\_\_\_\_) \_\_\_\_\_

OK to leave message?  Yes  No

Email \_\_\_\_\_

**Yes, I want Olympia's bi-monthly newsletter *HeartBeat***  
(mailed with no identified return address by email).

Print version  Email version

**PFLAG-OLYMPIA**

**PO Box 12732; Olympia, WA 98508-2732**

PFLAG is a tax-exempt, non-profit 501(c)(3) organization  
not affiliated with any political or religious institution.

